

American Sports Builders Association

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ASBA Announces Publication of New *Running Tracks Manual*

FOREST HILL, MD -- The American Sports Builders Association (ASBA), the national organization for builders, designers and suppliers of materials for running tracks, tennis courts, sports fields and indoor and outdoor synthetic sports surfaces, has announced the publication of the 2016 edition of *Running Tracks: A Construction and Maintenance Manual*.

Copies of the new edition of the book are now available and will cost \$44.95 each. Books can be ordered by contacting the Association directly at 866-501-ASBA (2722), or by going to the website, www.sportsbuilders.org. The *Running Tracks* manual also is available in digital format at the website.

Readers of digital publications may use [this link](#) to order the new book.

The 2016 edition includes key updates to many areas of running track design and construction. The manual includes user-friendly technical information on all aspects of running tracks at various levels of competition, such as high school, college and even international events. It walks readers through the processes of design, budgeting and planning, site requirements, drainage, surface selection, construction, maintenance, repair, amenities, accessories and more.

The book also contains a number of appendices meant to provide additional resources for information, calculations, specifications and other useful materials for those involved in constructing track facilities. The end of the manual also features a glossary of terms commonly used in the course of designing and building a track.

In addition, the new track book should be considered the textbook and resource manual to those who are interested in pursuing the ASBA's voluntary certification program to become a Certified Track Builder.

A panel of track construction experts updated and revised the manual from the previous edition, and it is considered an invaluable resource for anyone planning, building or considering a running track facility, in addition to providing key

information on maintenance, repair and renovation. Original drawings will also help illustrate construction, renovation and maintenance methods.

The book is a key resource for all builders, design professionals, specifiers, contractors, suppliers, and owners/users, including high schools, colleges, parks and recreation departments, coaches, facility managers, caretakers and athletic directors, as well as current and prospective owners of running tracks.

The ASBA is a non-profit association helping designers, builders, owners, operators and users understand quality athletic facility construction. The Association sponsors informative meetings, publishes newsletters, books and technical construction guidelines and keeps its members updated on developments in the industry. The Association recently celebrated its 50th anniversary. Additional information is available from the Association at 9 Newport Drive, Suite 200, Forest Hill, MD 21050. The phone numbers are 866-501-ASBA (2722) or 410-730-9595, and the fax number is 410-730-8833. The ASBA also may be reached electronically via its website: www.sportsbuilders.org, or by e-mail at info@sportsbuilders.org.